



## Corporate volunteering at the Bristol Family Cycling Centre

Bristol Family Cycling Centre opened in 2016 as a place where everyone, regardless of ability or age, can cycle in a traffic-free environment. We have a wide range of two-wheeled bikes and adapted cycles for use by able-bodied people and people with mobility issues, physical disabilities and learning difficulties.

We offer cycling activities, bike maintenance programmes and work experience opportunities.

The Centre is currently run by Bristol City Council and supported by volunteers. You can see more about us on our [website](#) and [Facebook page](#).

This is our **vision**:

We want a world where people of all ages and abilities can experience the fun and freedom of riding a bike.

And this is our **mission**:

We believe more people cycling more often benefits everyone. We provide a traffic-free space with a range of inclusive bikes and support to help people of all abilities gain the confidence they need to make cycling part of their day-to-day lives.

Corporate volunteering days at the Bristol Family Cycling Centre enable your staff to see and contribute to the running of the Centre first-hand. Your employees can develop their team building and communication skills; share their skills and learn new ones; and have fun.

## Interested in corporate volunteering?

We offer businesses a tailored corporate volunteering package that benefits your staff and the Bristol Family Cycling Centre.

We are happy to devise a programme of activities that enable your staff to learn new skills and work with colleagues on practical tasks such as gardening and site maintenance, or to share the skills that they already have, in areas such as IT, HR, marketing and administration.

The package we offer includes:

- **A volunteer management team** who will work closely with you to ensure that you receive high quality volunteering opportunities that meet your needs and ours.
- **A briefing document** about our volunteering opportunities that sets out why they are important for the Centre, volunteer roles and introduction to the project involved.
- **Meet and Greet** – Volunteers will be welcomed to the Centre by a dedicated member of staff who will show them around the Centre, introduce our work and assist volunteers throughout the day.
- **Feedback** – If your business requires it, we can provide a feedback form for all volunteers to use as the basis of a report detailing volunteers' experiences of the day, the skills developed or shared and how this will impact the Bristol Family Cycling Centre.
- **Photos** – We are happy to share images that we take throughout the day for use in publicity (subject to volunteers completing a photo consent form).

To find out more about our corporate volunteering packages and opportunities please contact Emma on [cyclingcentre@bristol.gov.uk](mailto:cyclingcentre@bristol.gov.uk).

## Donations

If you would prefer to donate equipment to us we are very happy to accept them.

Our wish list changes as our projects develop and grow, but our current list includes:

- Metal benches
- Plug plants, bulbs and seeds
- One-size washable gloves
- Instant tea/coffee/hot chocolate/squash/packets of biscuits for volunteers and clients.
- Wood and top soil to make raised beds

Do get in touch if there is anything you would like to donate and we can discuss specifications.